

LARRY A. HOFF ePOST 2100



Issue #91 NOVEMBER, 2020 COMMUNICATION IS POWER

TO OPT OUT OF OUR NEWSLETTERS, E-MAIL MARIA KLENHARD

OUR NEXT MEETING

NOVEMBER 19th at 7:30 PM, is slated for our next tele-meeting, by invitation, using GoToMeeting. E-mail me if you want an invite:

commander@epost2100.org.

Our tele-meetings are provided for you to learn about and have input regarding your cyber Post. BTW, have you visited Our Web site, lately?

OUR HELP DESK STANDS
READY TO ASSIST US
VETERANS WITH FREE
COMPUTER-RELATED AID.
ROBERT MCTUREOUS

OBERT MCTUREOU 404-304-1772

11/11/11

Each November 11th at 11:00 AM, we commemorate Veterans Day, not to be confused by others with Memorial Day.

Veterans Day honors those who have served and do serve in our armed forces.

It originated as "Armistice Day" on November 11th, 1919, the first anniversary of the end of World War I. Congress passed a resolution in 1926 for an annual observance, and November 11th became a national holiday beginning in 1938.

Most American Legion Post Auxiliaries offer red poppies on Memorial Day, which honors those who gave their lives in defense of our Country.

Veterans Day gives us the opportunity to donate to veteran charities, attend actual and virtual ceremonies and perhaps parades? during this pandemic.

YOUR CYBER POST OFFICERS

Post Commander	ROBERT GREEN	770-786-8702
Senior Vice Commander	MARIA KLENHARD	916-952-7691
Junior Vice Commander	.OPEN	
Adjutant	MARIA KLENHARD	916-952-7691
Finance Officer	MAC MCMILLAN	404-277-4280
Judge Advocate	TED RICHARDS	404-754-0415
Exec. Committee	ED MCMILLAN	770-757-6136
Sergeant-at-Arms	.DAVID GREEN	
Service Officer	.ED MCMILLAN	770-757-6136

COMMANDER'S CORNER

"Many are called, but few are chosen". That phrase came to mind as I deleted E-mail addresses from my address book.

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Sadly, two of those names belonged to our leadership cadre: Les Green (no relation) and Paul Aust.

Apart from missing their support of our cyber ePost 2100 and appreciating their friendship, contributions and personalities, their passing has left two unfilled vacancies in our leadership.

This month's Commander's Corner is an important plea for those members who would like to serve as officers (you name the office).

Please contact me about your increased role in our veteranoriented organization. No obligation (smile).

For the most part, our Post could be "run" by three volunteer officers, but we really need a full leadership complement, which is why I am soliciting your stepping up, if you can, and attending one Internet meeting a month.

By having all officers on board, not only could we be prepared to fill an unexpected vacancy, but we would have your assistance in steering us in the best directions to serve fellow veterans and families.

When we submit a slate of officers, I would like to have some fresh faces for members to consider. Yes, we want and need more than just a minimal number of leaders. It will not take very much of your personal time.

<u>Bob Green</u>

770-786-8702

FROM THOMAS HINELINE, 9TH DISTRICT COMMANDER

American Flag Draped on Casket

The canton of the flag is placed at the head of the casket, over the left shoulder of the deceased. The custom began in the Napoleonic Wars of the late 18th and early 19th centuries, when the flag was used to cover the dead as they were taken from the battlefield on a caisson.

The position of the canton is reversed to indicate mourning with the canton on the right as the flag faces the coffin. It may be said that the flag is embracing the deceased who in life has served the flag. Today, the American Flag that covered the casket symbolizes the deceased service in the Armed Forces of the United States of America.

American Flag Position (Open Casket)

It is customary to drape the flag on the casket over the part of the cover, which is usally left on the casket during a period that the body is being viewed. the flag is placed i the same position as when it is used to cover the casket (union at the head over the left shoulder) union in full view.

The stripes should be folded under so the flag will not hang excessively at the foot. Some interesting trivial pertaining to flags and burials is that it is not improper to bury a war veteran with a small flag or, should it be requested, for a veteran to be buried wrapped in the flag.

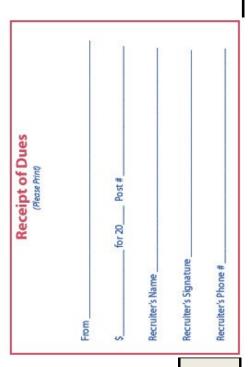
"You Are Not Forgotten"

Tommy Cannon

Chairman

Georgia POW/MIA Committee





WHERE TO FIND VA HEALTH FACILITIES

HERE'S TO YOUR GOOD HEALTH

The U.S. Department of Veterans Affairs offers this site for locating a wealth of various VA facilities in America:

https://www.va.gov/directory/guide/home.asp

Locations Home

VHA Facilities

VBA Facilities

NCA Facilities

VA Central Office Listing

Vet Centers

PTSD Program

SUD Program

Gravesite Locator

Facilities by State

Interactive US Map

Facility Listing

Many of us are at that point in our lives in which it would behoove us be (more) aware of health issues.

Apart from the Covid-19, most of us are not what we once were regarding physical health and might look at some of the electronic wearables which can alert us to changing conditions.

The <u>smart watches</u> and <u>bracelet-type</u> monitors are not always 100% in their measurements, but they can be used to establish base lines, show trends and changes, and perhaps keep us alive and kicking for a longer period of time. Some require a compatible cell phone.

The financial cost of devices varies, but what is the cost to us of not becoming ill, being hospitalized, and earlier death?

This is not to promote hypochondria, but to perhaps help us be forewarned and thus, fore-armed.

The icons below show ways in which one smart watch can be used regarding more than just health, but for communication, music, photography, workouts, calendar, vitals, exercises, etc.



OUR POST IN THE LEGION SEPTEMBER NEWS

https://www.legion.org/dispatch/250181/pros-and-cons-online-legion-posts

Some American Legion departments are chartering online, or cyber, American Legion posts. What is the reason? Why have them?

American Legion ePost 2100 is Georgia's only cyber post. It's named after the late U.S. Air Force Col. Larry A. Hoff of Loganville, Ga.

"Larry believed fervently that the Legion in Georgia could be a leader in helping our organization at the national, department, district and post levels to update and modernize our use of cyber tools and communications," wrote Dan Albertus, first commander of ePost 2100.

Before his passing, Hoff presented a broad concept of using a cyber strategy to Department of Georgia leadership, which they accepted in concept.

On March 11, 2013, epost2100.org was chartered. We have 25 members. The main purpose of a cyber post is to serve those veterans and families who cannot, or maybe will not, belong to a traditional brick-and-mortar post. Monthly meetings are held via various free and fee-paid communications programs such as GoToMeeting, Skype and Zoom.

The meeting programs can allow user access by cell phone, tablet or computer. They also can allow audio and visual options, with access limited by bandwidth and fees. So, what are the pros and cons?

Pros:

- No travel requirements, allowing members to be in the comfort of their home without driving in bad weather or at night.
- Adjutants can record and save the sessions.
- Communication with members can be immediate through the creation of an online call.
- No insurance or liquor/machine licensing fees, or upkeep of a post home.
- Members can sign on for meetings anywhere there is Internet access.
- No personal expenses, such as gas, food or parking at a post home.
- Ability to see members.
- Ability to sponsor a Boys State and Oratorical Contest youth participant.

Cons:

- No social intermingling.
- Mostly no Sons squadrons, Auxiliary units or Riders chapters.
- Fundraising is extremely limited.
- No on-site programs.
- Few, if any, group projects.
- Requires online access.
- Users may have challenges using audio/video controls.

When I heard of a cyber post being organized, I jumped at the chance to be a part of it and to help. Being a computer nut only added to my joy of serving veterans and their families via online. In this information age, a cyber post easily and economically fits in to meet the needs of some of us.

A website and monthly newsletter, which complement the monthly face-to-face meetings, are vital to informing members and to serve as a recruiting tool.

I feel a cyber post is sort of feather in the cap of Georgia as The American Legion maintains relevance in today's tech world.

For questions, email me at commander@epost2100.org.

TRY TO AVOID INTERNET SCAMS

You may not need this free advice, but with this pandemic our use of the Internet, and the holiday season being upon us, I felt it could do no harm to cover some topics which might help us <u>avoid scams</u>.

It bears repeating: just because it is on the Internet, it does not always mean it is true, right?

Most of the scams this year are coming from sources found in Facebook and Craigslist.

The FTC recommends our being skeptical, do research, and do not send money to a possible love interest!

Try using keywords to research, such as SCAMS, COMPLAINTS, REVIEWS, COMPANY/PRODUCT NAME, etc.

Be skeptical of Direct Messages, as some may not come from a friend in need. Call or write the friend to see if the request for help is legit. Do not mail gift cards. Do not send cash. BTW, your credit card company may refund your money.

Anyone can put up a Web page, so keep that in mind. If meeting a stranger, make it at a police station or very public place and bring a friend.

If you have any qualms about the possible purchase, don't purchase!

Avoid giving out unnecessary information, such as Social Security number, bank routing number, etc.

In many cases, you can check out a link by running your mouse pointer over it to see if it appears legit. The URLs ending in foreign country names might be scams, but when in doubt, check it out.

Unsolicited phone calls also take advantage of folks. Foreign accented and poor English often comes from invalid sources.

Charitable giving also has its scamps. Appeals to your emotions can be costly.

The IRS and Microsoft will not call you about ANYthing, and they do not send you threatening E-mails. You can always make phone calls to organizations to confirm any questionable call or E-mails. Do not allow a caller to shame or threaten you into actions. Do Not Call lists and electronic blocking devices can reduce come unwanted callers. Avoid the 90# scam.

This may be hard to do, but a knock on your door or a ringing of the doorbell does not require your answering to one or more strangers or opening your door to them. Maybe this is a good time to invest in a security system. Just having one can deter some miscreants.

Talk with contacts about scams, both to alert them and to maybe get some good advice. Oh, if you have not entered a valid lottery, you will not have won it.

Yes, it may be YOUR money, but there are many out there who are willing to spend the time and effort to relieve it from you. Don't be a victim.

-Bob

Join me on 09/30 FOR A SPECIAL EVENT ON AMERICASWEBRADIO.COM "A VETERAN'S STORY"

PAUL GRASSEY: WWII B-24 COMBAT BOMBER PILOT

SCOTT LOEHR: CEO OF THE MIGHTY 8TH AF MUSEUM IN SAVANNAH

COL BRENT BRASSWELL: ARMY AVIATOR, FLEW IN DESERT STORM, BOSNIA AND IRAQI FREEDOM



THANKSGIVING

Yes, it is that time of year, again, to celebrate Thanksgiving. Some of us will; some of us will not.

We Americans live in a Country which has provided most of us with many opportunities to improve our lives (and those of others, if we choose).

For that, alone, we should be grateful, and this holiday has religious underpinnings. We are thankful to and show our gratitude for God.

As we look around at how some people live/survive about the world, we might better appreciate our position and not give way to complacency.

This column is a call out to our members and families to pause and be thankful for the Source of our many blessings, not just turkey, pumpkin pie, etc.

May your Thanksgiving celebration be both meaningful and enjoyable. Happy Thanksgiving!